



INFOPACK

Ready4YouthWork

3. - 11. 8. 2025

Suchá nad Parnou,
Slovakia

ABOUT THE PROJECT

Arrival day: 3 August 2025

Training days: 4 - 10 August 2025

Departure day: 11 August 2025

The main aim of Ready4YouthWork is to equip youth workers with essential tools and knowledge to better support the evolving needs of young people. We're focusing on three big areas: **communication**, **AI literacy**, and **well-being**.

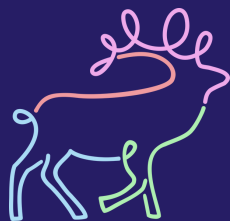
The training course will be based mostly on **non-formal education** and **experiential learning methods**.

During the training, we will:

- Explore **artificial intelligence**, its basics, its use in youth work, and the ethical challenges it brings.
- Experience activities focused on improving **empathy**, active listening, and verbal & non-verbal self-expression – practical tools you can use directly in your work with young people.
- Take time to address **burnout prevention** and share strategies to take care of our well-being.
- Create a **space for sharing** experiences, best practices, and tools, encouraging learning from one another and building a strong international network.

PARTICIPATING ORGANISATIONS

- Slovakia** • Future Generation Europe - **host**
- Lithuania** • Society and Enterprise Development Institute
- Estonia** • MTÜ Avastusmatkad
- Slovenia** • Mladinska zveza Brez izgovora
- Greece** • Innovating Activities in Education, Tourism, Health and Interculturality - KDETYD
- Italy** • APS Educazione Benessere



PARTICIPANTS' PROFILE

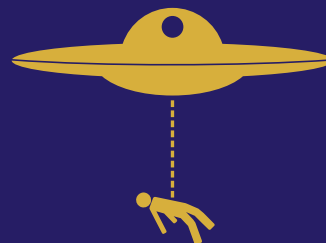
The project is mainly for **youth workers, trainers, educators, social workers,** and **active volunteers** working with young people.

- Participants should be **aged 18-50**
- Each national group consists of **4 participants**
- In total, there will be **24 participants**
- You must have a **residence permit** (or citizenship) in the country you are representing
- The participants must organise a **follow-up** activity after the project in their home country

We're looking for open-minded, motivated people who are ready to learn, share, and contribute to a vibrant international environment.

Previous experience with the project topics is welcome but not required – what matters most is your curiosity and willingness to actively participate.

LOGISTICS



Arrival day: 3 August
Departure day: 11 August*

Reimbursement cost **limits**:

Lithuania	309€
Estonia	309€
Slovenia	211€
Greece	309€
Italy	309€

*Participants may use up to **2 extra travel days** in total – for example, starting their journey on 2nd August and returning home on 12th August. Please note that food and accommodation costs during the extra days are not covered by the project and must be paid by the participant.

Before buying any tickets, participants must get confirmation from the host organisation *Future Generation Europe*.

Tickets not approved by the host organisation will **NOT** be reimbursed.

Due to environmental aspects, we recommend travelling by land, using a bus/train if possible.

IMPORTANT

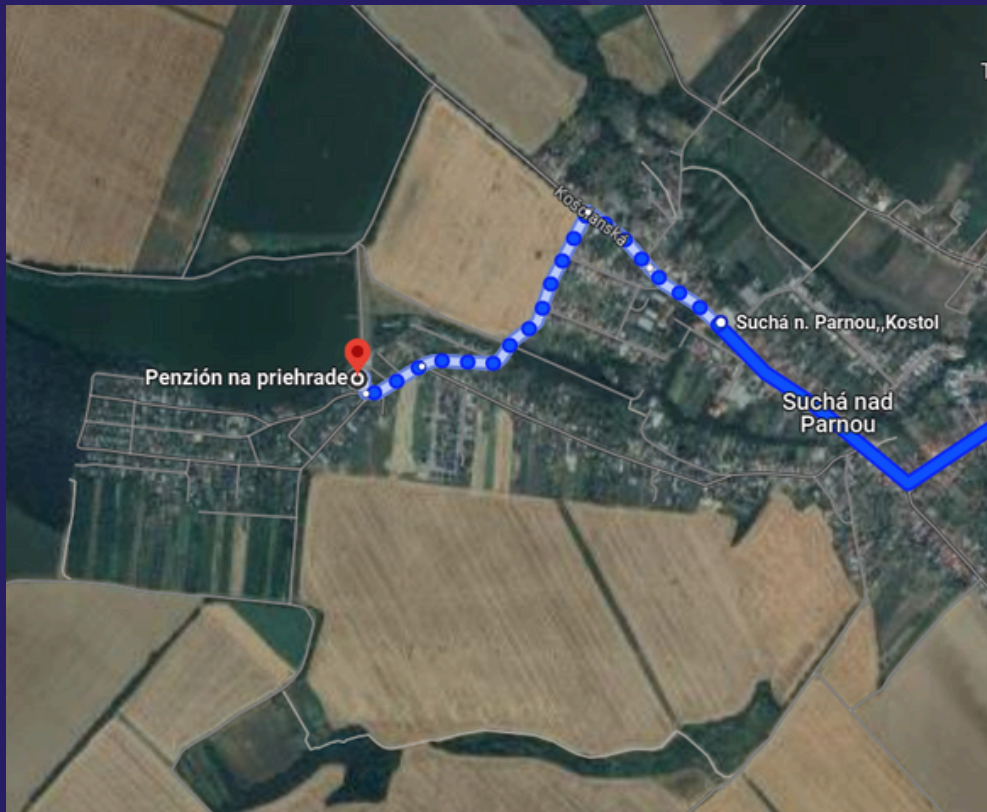
Keep **ALL** your tickets and boarding passes. We cannot reimburse you the money without them!

GETTING TO THE VENUE...

If you are flying to VIENNA, it is best to take a bus to Bratislava. We recommend Flixbus or Slovak Lines. Then take a bus to Bratislava hl. stanica (= the main railway station).

If you are flying to BRATISLAVA, take the bus 61 from the airport to Bratislava hl. stanica (=the main railway station).

From there, you will take a train to the town "Trnava". From Trnava, take a bus to "Suchá nad Parnou, Kostol". From there it is 18 min. walk.



OUR RECOMMENDED ROUTE

VIENNA



BRATISLAVA

Slovak Lines Coach

 slovaklines.sk/en/

BUS no. 61

 idsbk.sk/en/



BRATISLAVA HL STANICA

(Bratislava - Main Railway Station)

 predaj.zssk.sk/search

For buses and trains
between towns check

 cp.sk/en



TRNAVA



Get the tickets
in cash from
the bus driver

SUCHÁ NAD PARNOU, Kostol



ACCOMMODATION

PENZIÓŇ NA PRIEHRÁDE

 Suchá nad Parnou, Slovakia

 penzionnapriehrade.sk



The venue is located in a peaceful village next to a lake. It is equipped with WIFI, a conference room and bedrooms for 2-4 people each. All rooms have separate bathroom facilities (toilet, basin, shower).

FOOD PREFERENCES

The venue can provide a regular, vegan, or vegetarian diet; just inform the organisers upfront about your dietary needs.

WHAT TO PREPARE?

- Eagerness to learn, positive mood, lots of **ENERGY!**
- Refillable **water bottle**.
- **Practical clothes** for sunny, warm, and rainy weather.
- **Comfortable shoes** and **jacket** for outdoor activities.
- At least **one laptop** per country is required.
- **Health insurance** covering full duration of the youth exchange is **MANDATORY** for each participant.
- Personal **hygiene** products, **medicine** you usually take, and other things you need for personal comfort and well-being.
- **Energisers**: We will have an energiser session every day, so think of some unique, fun energizers to teach the group.

You will have the opportunity to present your country, culture, customs, and traditions on an **INTERCULTURAL NIGHT**.

Please bring some food, drinks, dances, etc. Prepare some interesting traditions, songs or games for your intercultural night in advance (be creative ;)).

FOLLOW UP

Each participant and their respective NGO is required to do follow-up activities after the training course. It is very important for us to have the project outputs disseminated by all participants and also to engage participants in follow-up activities. During the training course, we will brainstorm what the follow-up activities could be, according to your local context.

FINANCE

Ready4YouthWork is funded by Erasmus+.

The focus of this event is strictly educational. The accommodation, 3 meals per day, 2 coffee breaks with refreshments, and intensive learning activities are covered.

REIMBURSEMENT PROCESS

Travel reimbursement is calculated using the **distance calculator** for youth mobility.

Participants will be eligible for reimbursement only if they provide **ORIGINAL** tickets, invoices, boarding passes and receipts. The reimbursement is conditioned by **active participation** before and during the entire project.

Participants must use **public transport** and **economy class**. **Carpooling** (sharing a car) is allowed after an agreement with the hosting organisation.

TAXI or **first class** CANNOT be reimbursed in any circumstances. (✓ Priority boarding for the sake of hand luggage IS allowed ✓).

Please keep all your tickets and boarding passes.

After you return home, send the remaining **physical** boarding passes and any other travel documents from your return journey to the organiser's address **by post**.

The reimbursement will be made by bank transfer to the account of a **partner NGO**, usually **within 3-4 months**. The partner NGO is in charge of distributing the reimbursement sent by the organiser to their participants.

CONTACT INFO

THE HOSTING ORGANISATION

FUTURE GENERATION EUROPE (SLOVAKIA)



project@futuregenerationeurope.eu



Future Generation Europe



[@futuregenerationeurope](https://www.instagram.com/futuregenerationeurope)



**FUTURE
GENERATION**
- EUROPE -